Clare Hodgson

Yoga Teacher · Stanley Common, United Kingdom

Passport 2c6606fd-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
300-hour Foundation
Verified by YogaPros · 7 more trainings

INSURED
Policy through YogaPros
Certificate on file · until 08 Dec 2026

FIRST AID
Certificate on file
Until 03 Mar 2029

RECORD

Clare’s record.

Membership	Active	
Foundation	Verified	2022
Insurance	On file	Until 08 Dec 2026
First aid	On file	Until 03 Mar 2029

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Ayurvedic Massage Therapy	Sunita Passai	Oct 2026	40h	VERIFIED
Ayurveda Nutrition and Lifestyle Training Diploma Level 1	Janak Acharya	Aug 2026	200h	VERIFIED
300 Hour Yoga Teacher Training	Christine Mason	Dec 2025	300h	VERIFIED
Yoga Nidra	Melanie Cooper	Nov 2025	30h	VERIFIED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	VERIFIED
Yin Yoga Teaching	Melanie Cooper	Jul 2025	40h	VERIFIED
Pranayama Teaching	MELANIE COOPER	Apr 2025	30h	VERIFIED
Sequencing for Embodied Yoga	Melanie Cooper	Jan 2024	30h	VERIFIED

CPD · 14 COURSES · 894 HOURS · LOGGED BY CLARE

More training.

May 2025	**Neurobiomechanics and Hypermobility**	Sarah Rumble · 20h
Mar 2025	**Trauma Informed Yoga**	Laura Roffey · 19h
Oct 2024	**Inclusivity in Yoga**	Sharon Price · 20h
Apr 2024	**Pranayama Training Course**	Julie Hemmings · 149h

Feb 2024	**Introduction to Restorative Yoga**	Adelene Cheong · 20h
Dec 2023	**Prosperous Yogini Mentoring and Further Training Programme**	Amy Jones · 100h
Dec 2023	**Anatomy for Embodied Yoga Teaching**	Melanie Cooper · 14h
Oct 2023	**Enhanced Teaching Skills**	Sharon Price · 20h
Jul 2023	**Ashtanga Vinyasa and Adjustments**	Julia Gavin · 49h
Jul 2023	**Yoga Anatomy Online Course**	Andrew McGonigle · 30h
Aug 2022	**Getting Started in Kid's Yoga**	Cosmic Kids Jaime Amor · 20h
Aug 2022	**Yin Yoga Teaching Training**	Charlotte Larkin · 50h
Apr 2022	**Yoga for the Nervous System**	Laura Green · 8h
Mar 2022	**Accommodating Pre- and Post Natal Students in a General Class**	Nadia Raafat · 5h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	3 years and 2,356 hours taught since qualifying	—	—
Foundation training	VERIFIED	300-hour · Dec 2025	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	08 Dec 2026
First aid	CURRENT	Certificate on file	—	03 Mar 2029
CPD	894 H	6 Development qualifications · 14 logged courses	—	—
Membership	ACTIVE	Joined December 2024	—	—

HISTORY

Status history.

Oct 2026	Completed Ayurvedic Massage Therapy
Aug 2026	Completed Ayurveda Nutrition and Lifestyle Training Diploma Level 1
Dec 2025	Qualified: 300 Hour Yoga Teacher Training
Nov 2025	Completed Yoga Nidra
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Dec 2024	Joined the register

Scan for credentials

The QR code opens Clare’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/clare-hodgson?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.