Christine Stewart

Senior Yoga Teacher · Boyle, County Roscommon, Ireland

Passport 2ebe1fc7-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 8 more trainings

RECORD

Christine's record.

Membership	Active	
Foundation	Accredited	2014

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Ma Yoga Prenatal Training	Jessica Jennings	Jul 2026	85h	VERIFIED
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Advanced Yoga Teacher Training	Ard Nahoo	Oct 2025		ACCREDITED
Pregnancy Yoga Training an 85-hr Prenatal Yoga Training	Christine Stewart TTC	Nov 2024	85h	ACCREDITED
Philosophy and Asana	Bridget Woods Kramer and Bill Mahoney	Nov 2024	30h	ACCREDITED
Teaching Yoga for Menopause and Beyond	Yinstinct Yoga	Jun 2020	40h	ACCREDITED
300 hours Yin	Josh Summers	Jan 2020	300h	VERIFIED
Philosophy Module Anusara 300 hour	Jayendra Hanley	Sept 2019	42h	VERIFIED

CPD · 15 COURSES · 1,100 HOURS · LOGGED BY CHRISTINE

More training.

Oct 2024	**15 hrs training on Sequencing**	Bridget Woods Kramer · 15h
Apr 2024	**Therapeutic Applications of Anusara Yoga**	Jayendra Hanley · 23h
Mar 2024	**Yoga for Bone Health**	Niamh Daly · 12h
Jun 2022	**Spanda**	Bridget Woods Kramer · 9h
Mar 2022	**iRest Certification**	James Reeves · 498h

Nov 2021	**Chair Yoga Training (accessible Yoga)**	Jivana Heyman · 10h
Mar 2021	**A Comprehensive History Of Yoga: Research And Scholarship**	Jason Birch, Graham Burns, Mark Singleton · 19h
Feb 2021	**Anusara Meditation**	Jayendra Hanley · 20h
Oct 2020	**Restorative Yoga**	Judith Hanson Lasater · 30h
May 2020	**Wisdom Warriors**	DESIREE RUMBAUGH · 12h
Sept 2019	**Advanced training in the power of the voice**	Jack Harrison and Benita Wolfe · 21h
Nov 2016	**yoga for cancer**	Connie Walsh · 16h
Aug 2016	**savasana**	Judith Hanson Lasater · 20h
Oct 2014	**Teaching Yoga and Mindfulness to Teens, London October 2020**	Teen Yoga · 60h
Nov 1919	**restorative Yoga**	Anna Ashby · 25h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	12 years and 5,358 hours taught since qualifying	—	—
Foundation training	**ACCREDITED**	200-hour · Yoga Pros · Oct 2025	—	—
CPD	**1,100 H**	6 Development qualifications · 15 logged courses	—	—
Membership	**ACTIVE**	Joined over 7 years ago	—	—

HISTORY

Status history.

Jul 2026	Completed Ma Yoga Prenatal Training
Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Oct 2025	Qualified: Advanced Yoga Teacher Training
Nov 2024	Completed Pregnancy Yoga Training an 85-hr Prenatal Yoga Training
7+ years ago	Joined the register

Scan for credentials

The QR code opens Christine’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/christine-stewart?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.