Christine Dunworth

Senior Yoga Teacher · Maynooth, County Kildare, Ireland

Passport 2d243289-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 7 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 04 Sept 2027

FIRST AID

Certificate on file

Until 14 Feb 2028

RECORD

Christine’s record.

Membership	Active	
Foundation	Accredited	2016
Insurance	On file	Until 04 Sept 2027
First aid	On file	Until 14 Feb 2028

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Special Yoga for Adults - Disabilities and Autism	Jyoti Manuel	Jun 2024	40h	VERIFIED
Yin Yoga	Josh Summers	Nov 2022	50h	VERIFIED
Advanced Teaching Skills and Yoga Therapy	Elma Toland	Sept 2022	200h	VERIFIED
300 Hour Advanced Yoga Teacher Training	Paula Mitten	Jun 2021	300h	ACCREDITED
300 Hour Vinyasa Yoga Teacher Training in Spain	Vydia Heisel	Jan 2020	300h	VERIFIED
Pregnancy Yoga Teacher Training	Paula Mitten	Dec 2019	80h	ACCREDITED
200 Hour Vinyasa Yoga Teacher Training in Spain	Paula Mitten	Jul 2017	200h	ACCREDITED

CPD · 2 COURSES · 187 HOURS · LOGGED BY CHRISTINE

More training.

Dec 2025	**Yoga for Bone Health**	Niamh Daly · 15h
Nov 2021	**PEACEFUL BABES KIDS YOGA TEACHER TRAINING**	Jessica Flemming · 2h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	10 years and 4,000 hours taught since qualifying	—	—
Foundation training	**ACCREDITED**	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	04 Sept 2027
First aid	**CURRENT**	Certificate on file	—	14 Feb 2028
CPD	**187 H**	3 Development qualifications · 2 logged courses	—	—
Membership	**ACTIVE**	Joined 2016	—	—

HISTORY

Status history.

Dec 2025	CPD completed: Yoga for Bone Health
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Jun 2024	Completed Special Yoga for Adults - Disabilities and Autism
Nov 2022	Completed Yin Yoga
Sept 2022	Qualified: Advanced Teaching Skills and Yoga Therapy
2016	Joined the register

Scan for credentials

The QR code opens Christine’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/christine-dunworth?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.