Carolyn Cowan

Senior Yoga Teacher · South Croydon, United Kingdom

Passport 2e6e9509-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 1 more training

RECORD

Carolyn’s record.

Membership	Active	
Foundation	Accredited	2008

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Specialist Qualification		Nov 2025	28h	ACCREDITED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	18 years and 10,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—
CPD	28 H	1 Development qualification	—	—
Membership	ACTIVE	Joined 2018	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Pros Verified Specialist Qualification
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
2018	Joined the register

Scan for credentials

The QR code opens Carolyn’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/carolyn-cowan?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.