Annapurna Helen Wilson

Senior Yoga Teacher · Swansea, United Kingdom

Passport 2eb24bf9-6110-11f1-96e3-0cc47a2a8154

Credentials current — Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 9 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 17 Mar 2027

RECORD

Annapurna Helen’s record.

Membership	Active	
Foundation	Accredited	2013
Insurance	On file	Until 17 Mar 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Chikitsa (Yoga Therapy)	Yogachariya Jnandev Giri and Dr Ananda Balayogi	Nov 2025	200h	VERIFIED
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
Menopause Yoga 40-hour Teacher Training	Menopause Yoga	Aug 2024	40h	ACCREDITED
Yoga Chitiksa (Yoga Therapy)	Yogachariya Jnandev Giri	Nov 2023	200h	VERIFIED
Aurolab 150 Hour Yoga Study Course	Sama Fabian	Oct 2020	150h	VERIFIED
Yoga Teacher Development Study Programme	Sama Fabian	Dec 2017	60h	VERIFIED
500 Hours Teacher Training Course	Yogachariya Jnandev Giri	Oct 2016	500h	VERIFIED
500hr Yoga Teacher Training Certificate	Yogachariya Jnandev Giri	Oct 2016	500h	VERIFIED
Pregnancy Yoga	Yogacharini Deepika	May 2014	80h	VERIFIED
Foundation Yoga Teacher Training	Yogachariya Jnandev Giri	Mar 2014	200h	VERIFIED

CPD · 2 COURSES · 1,794 HOURS · LOGGED BY ANNAPURNA HELEN

More training.

Mar 2023	**Restorative Yoga**	Mel Skinner · 40h
Dec 2018	**Trauma Awareness**	Tanya Syed · 24h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	**SENIOR**	13 years and 5,280 hours taught since qualifying	—	—
Foundation training	**ACCREDITED**	200-hour · Yoga Pros · Oct 2025	—	—
Insurance	**CURRENT**	Policy through YogaPros · certificate on file	—	17 Mar 2027
CPD	**1,794 H**	8 Development qualifications · 2 logged courses	—	—
Membership	**ACTIVE**	Joined over 7 years ago	—	—

HISTORY

Status history.

Nov 2025	Completed Yoga Chikitsa (Yoga Therapy)
Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Aug 2024	Completed Menopause Yoga 40-hour Teacher Training
Nov 2023	Completed Yoga Chitiksa (Yoga Therapy)
Mar 2023	CPD completed: Restorative Yoga
7+ years ago	Joined the register

Scan for credentials

The QR code opens Annapurna Helen’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/annapurna-helen-wilson?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.