Anna Brook

Senior Yoga Teacher · Cliftonville, United Kingdom

Passport 2e836567-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

YogaPros-accredited course · 4 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 07 Jan 2027

RECORD

Anna’s record.

Membership	Active	
Foundation	Accredited	2013
Insurance	On file	Until 07 Jan 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga Pros Verified Foundation Course	Yoga Pros	Oct 2025	200h	ACCREDITED
200 Hour Vinyasa Flow Yoga Teacher Training	Tribe Yoga	Oct 2025	200h	ACCREDITED
Yin Yoga	Lousie Windsor	Nov 2020	30h	VERIFIED
Teach Meditation	Swami Saradananda	Jun 2018	85h	ACCREDITED
Pregnancy Yoga	Sally Parkes Yoga	May 2014	80h	VERIFIED

CPD · 3 COURSES · 222 HOURS · LOGGED BY ANNA

More training.

Nov 2020	**Mandala Yoga**	Shiva Rea · 27h
Aug 2018		
Aug 2018		

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	12 years and 5,000 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · Yoga Pros · Oct 2025	—	—

Insurance	**RENEWS SOON**	Policy through YogaPros · certificate on file	—	07 Jan 2027
CPD	**222 H**	3 Development qualifications · 3 logged courses	—	—
Membership	**ACTIVE**	Joined over 7 years ago	—	—

HISTORY

Status history.

Oct 2025	Qualified: Yoga Pros Verified Foundation Course
Oct 2025	Qualified: 200 Hour Vinyasa Flow Yoga Teacher Training
Nov 2020	CPD completed: Mandala Yoga
Nov 2020	Completed Yin Yoga
7+ years ago	Joined the register
Aug 2018	2 CPD courses completed

Scan for credentials

The QR code opens Anna’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/anna-brook?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.