Amanda Dufour

Senior Yoga Teacher · Woodbridge, United Kingdom

Passport 2e73b3a5-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

200-hour Foundation

Verified by YogaPros · 3 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 17 Dec 2026

RECORD

Amanda’s record.

Membership	Active	
Foundation	Verified	2015
Insurance	On file	Until 17 Dec 2026

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Yoga4Health Professional Training	Paul Fox	Nov 2024	60h	VERIFIED
300 hour Advanced Vinyasa Teacher Training	Erin Prichard Yoga	Apr 2019	300h	ACCREDITED
Ashtanga Yoga Teacher Training	David Swenson	Nov 2016	40h	VERIFIED
200-Hour Teacher Training Course	Power Yoga Company	Dec 2015	200h	VERIFIED

CPD · 2 COURSES · 412 HOURS · LOGGED BY AMANDA

More training.

Oct 2025	**Anatomy for Yoga**	Sally Parkes · 8h
May 2020	**Trauma Sensitive Yoga Skills**	Heather Mason · 4h

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	SENIOR	10 years and 5,000 hours taught since qualifying	—	—
Foundation training	VERIFIED	200-hour · Dec 2015	—	—
Insurance	RENEWS SOON	Policy through YogaPros · certificate on file	—	17 Dec 2026

CPD	**412 H**	3 Development qualifications · 2 logged courses	—	—
Membership	**ACTIVE**	Joined 2015	—	—

HISTORY

Status history.

Oct 2025	CPD completed: Anatomy for Yoga
Nov 2024	Completed Yoga4Health Professional Training
May 2020	CPD completed: Trauma Sensitive Yoga Skills
Apr 2019	Completed 300 hour Advanced Vinyasa Teacher Training
Nov 2016	Completed Ashtanga Yoga Teacher Training
2015	Joined the register

Scan for credentials

The QR code opens Amanda’s credentials on the YogaPros register: https://member.theyogapros.com/teachers/amanda-dufour?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.