Alex Mitchell

Experienced Yoga Teacher · Cardigan, United Kingdom

Passport 2d0f9755-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED

Foundation training

YogaPros-accredited course · 5 more trainings

INSURED

Policy through YogaPros

Certificate on file · until 17 Jul 2027

RECORD

Alex’s record.

Membership	Active	
Foundation	Accredited	2019
Insurance	On file	Until 17 Jul 2027

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Kundalini and The Seven Tongues of the Fire	Meni Farkash	Nov 2025	50h	ACCREDITED
Yoga Post Graduate Course Year 1	Agniyaana Yoga and Ayurveda	Nov 2023	125h	ACCREDITED
300-hour teacher training	Bristol School of Yoga	May 2021	300h	ACCREDITED
300-hour teacher training	Bristol School of Yoga	May 2021	300h	ACCREDITED
Restorative & Somatics Yoga Intensive	Bristol School of Yoga	Nov 2020	40h	ACCREDITED
200 Hour Training – Hatha	Bristol School of Yoga	Jul 2019		ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	EXPERIENCED	7 years and 2,765 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200 Hour Training – Hatha · Jul 2019	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	17 Jul 2027
CPD	815 H	5 Development qualifications	—	—
Membership	ACTIVE	Joined July 2019	—	—

HISTORY

Status history.

Nov 2025	Completed Kundalini and The Seven Tongues of the Fire
Nov 2023	Completed Yoga Post Graduate Course Year 1
May 2021	Completed 300-hour teacher training
May 2021	Completed 300-hour teacher training
Nov 2020	Completed Restorative & Somatics Yoga Intensive
Jul 2019	Joined the register

Scan for credentials

The QR code opens Alex’s credentials on the YogaPros register:
https://member.theyogapros.com/teachers/alex-mitchell?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.