Al Russell

Yoga Teacher · Maynooth, County Kildare, Ireland

Passport 2c3457ab-6110-11f1-96e3-0cc47a2a8154

Credentials current

Read from the YogaPros register 27 November 2026

QUALIFIED
200-hour Foundation
YogaPros-accredited course · 4 more trainings

INSURED
Policy through YogaPros
Certificate on file · until 09 Nov 2027

FIRST AID
Certificate on file
Until 14 Feb 2028

RECORD

Al's record.

Membership	Active	
Foundation	Accredited	2025
Insurance	On file	Until 09 Nov 2027
First aid	On file	Until 14 Feb 2028

TRAINING

Qualifications.

QUALIFICATION	TRAINED BY	COMPLETED	HOURS	STATUS
Restorative Yoga & Yoga Nidra	Christine Dunworth	Oct 2026	30h	ACCREDITED
Yin Yoga Teacher Training	Bernie Clark	Aug 2026	50h	VERIFIED
Advanced Accessible Chair Yoga Teacher Training	Christine Dunworth	Apr 2026	30h	ACCREDITED
Vinyasa Flow 40 Hour Training	YoGrá Yoga	Feb 2026	40h	ACCREDITED
200 Hour Yoga Teacher Training	YoGrá Yoga	Nov 2025	200h	ACCREDITED

CREDENTIALS

What YogaPros has checked.

CHECK	RESULT	DETAIL	CHECKED	VALID UNTIL
Standing	YOGA TEACHER	1 year and 112 hours taught since qualifying	—	—
Foundation training	ACCREDITED	200-hour · YoGrá Yoga · Nov 2025	—	—
Insurance	CURRENT	Policy through YogaPros · certificate on file	—	09 Nov 2027
First aid	CURRENT	Certificate on file	—	14 Feb 2028
CPD	150 H	4 Development qualifications	—	—
Membership	ACTIVE	Joined November 2025	—	—

HISTORY

Status history.

Oct 2026	Completed Restorative Yoga & Yoga Nidra
Aug 2026	Completed Yin Yoga Teacher Training
Apr 2026	Completed Advanced Accessible Chair Yoga Teacher Training
Feb 2026	Completed Vinyasa Flow 40 Hour Training
Nov 2025	Joined the register
Nov 2025	Qualified: 200 Hour Yoga Teacher Training

Scan for credentials

The QR code opens Al's credentials on the YogaPros register:
https://member.theyogapros.com/teachers/al-russell?view=credentials

Statuses only. ID documents, insurance and first aid certificates, policy numbers and addresses are never shown.